

## Adult First Day School May 10<sup>th</sup> • Inspiration

Linda will facilitate.

Below are some quotes to consider.

Do any of them draw you? Repel you? Open you?

- There is no greater agony than bearing an untold story inside you. — Maya Angelou
- The one journey that ultimately matters is the journey into the place of stillness deep within one's self. To reach that place is to be at home; to fail to reach it is to be forever restless. - Gordon Cosby
- I can't give you a sure-fire formula for success, but I can give you a formula for failure: try to please everybody all the time." — Herbert Bayard Swope
- Live the Testimonies at all times; and when absolutely necessary, use words. – paraphrased from St. Francis of Assisi
- The deepest vocational question is not 'What ought I to do with my life?' It is the more elemental and demanding 'Who am I? What is my nature?'" – Parker Palmer
- You can't stay in your corner of the Forest waiting for others to come to you. You have to go to them sometimes." — Winnie-the-Pooh (A.A. Milne)
- You can talk with someone for years, everyday, and still, it won't mean as much as what you can have when you sit in front of someone, not saying a word, yet you feel that person with your heart, you feel like you have known the person for forever.... connections are made with the heart, not the tongue. — C. JoyBell C.
- Our lives begin to end the day we become silent about things that matter. — Martin Luther King Jr.
- Prayer is not asking. It is a longing of the soul. It is daily admission of one's weakness. It is better in prayer to have a heart without words than words without a heart. — Mahatma Gandhi