

## On the Nature of Contemplation

AFDS 7/9/23

“The world becoming luminous from within as one plunges breathlessly into human activity”.

~ Pierre Teilhard de Chardin

“Meeting all the reality we can bear”.

~ Richard Rohr

“A blind feeling of one’s own being, stretching unto God”.

~ The Cloud of Unknowing (an anonymous work of the latter half of the 14<sup>th</sup> century)

“Continually renewed immediacy”.

~ Thomas Kelly

“Awareness absorbed and amazed”.

~ Teresa of Avila

“Looking deeply at life as it is in the very here and now”.

~ Thich Nhat Hanh

“Right understanding, with true longing, absolute trust, and sweet grace-giving mindfulness”.

~ Julian of Norwich

“A long, loving look at the real”.

~ Walter Burghardt

“Knowledge by love”.

~ Dom Bede Griffiths

### For discussion:

Is there a definition of contemplation you would prefer? If so, what might that be?

Do any of these quotes draw you? Why?

Is there a place for contemplation in your life? If so, how and where?